



Dauphin chair adjustment

Seat pan tilt

Use the lever on the left hand side to ensure that the seat pan is horizontal. You can re-adjust slightly later on if the front edge causes uncomfortable pressure under your thighs.



Seat pan height

Use the lever on the right hand side to raise the seat pan to the maximum. Then, sit with your pelvis against the backrest and bring the chair down until your heels are firmly on the floor or on the footrest. The hip joint must be at a comfortable angle, i.e. at least 90°.



Seat pan depth

Use the button on the left hand side to shorten the seat depth as much as you can. If there is a lot of space behind your knee fold, you can bring it forward with max 2 clicks.



Backrest height

Use the button at the bottom right of the backrest to raise it as high as you can. Then, push your pelvis back into the chair and release the backrest. It is as the right height when the pressure is felt at belt level.



Backrest angle

The chair must help you go towards your work, hence support you without pushing you excessively forward. The backrest can be locked with the lever on the right hand side, or left free as long as the tilt resistance is adjusted to your weight.

